

One

STEP AHEAD

FITNESS APPAREL COLLECTION





Camisole Top



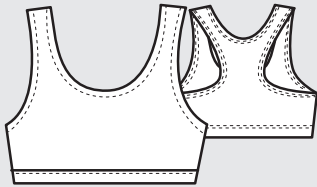
Racer Back Padded Bra



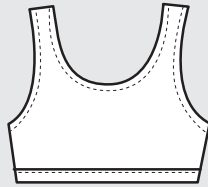
Racer Back Bra



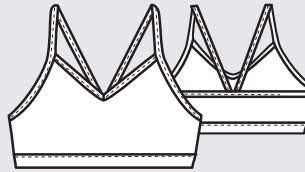
V-Neck Camisole Bra Back



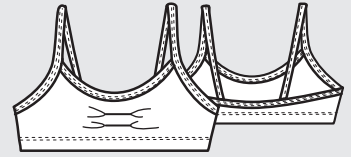
**RACER BACK BRA**  
Fully Lined  
S-M-L-XL  
1X-6X  
206R, 306R



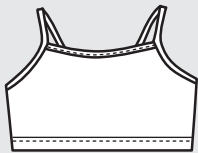
**HIGH TECH BRA**  
Fully Lined  
S-M-L-XL  
1X-6X  
263R, 362R



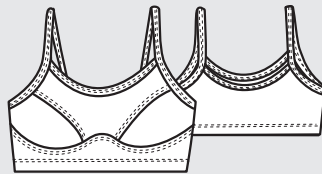
**V-NECK  
CAMISOLE BRA**  
Front Lined  
S-M-L  
225, 325



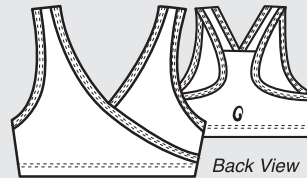
**PINCHED  
FRONT BRA**  
Front Lined  
S-M-L  
20180, 30180



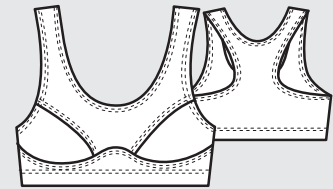
**CAMI BRA**  
S-M-L-XL  
291, 391



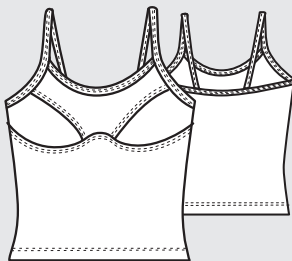
**PADDED  
CAMISOLE BRA**  
S-M-L  
294, 394



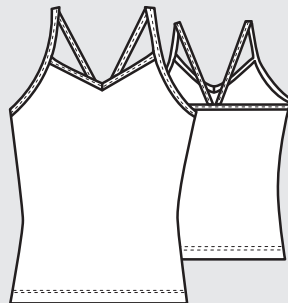
**YOGA BRA**  
Fully Lined  
S-M-L-XL  
2193, 3193



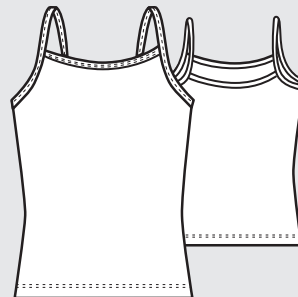
**RACER BACK  
PADDED BRA**  
S-M-L  
293, 393



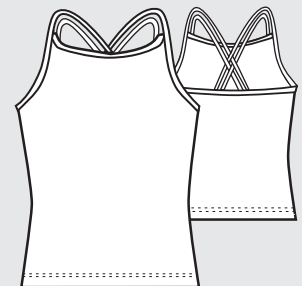
**PADDED CAMISOLE  
CROP TOP**  
S-M-L  
255, 355



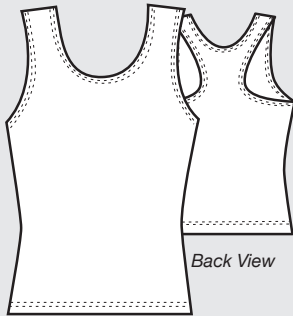
**CAMISOLE TOP**  
Built in Bra  
S-M-L-XL  
20184, 30184



**STRAPPY CAMISOLE TANK**  
Fully Lined  
S-M-L-XL  
2013, 3013



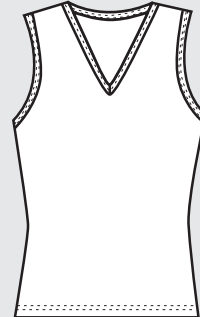
**DOUBLE STRAPPY**  
Built in Bra  
S-M-L-XL  
20140, 30140



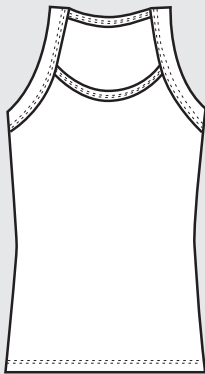
**RACER BACK TANK**  
S-M-L-XL  
20185, 30185



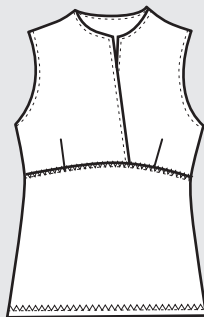
**TANK TOP**  
S-M-L-XL  
280, 380



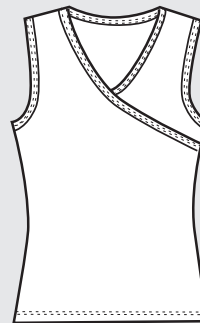
**V-NECK TANK**  
S-M-L-XL-1X-2X  
20138, 30138



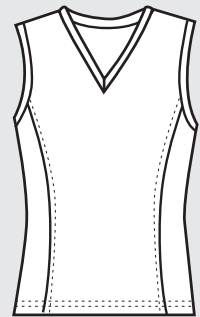
**SCOOP NECK  
BEATER TEE**  
S-M-L-XL  
2908, 3908



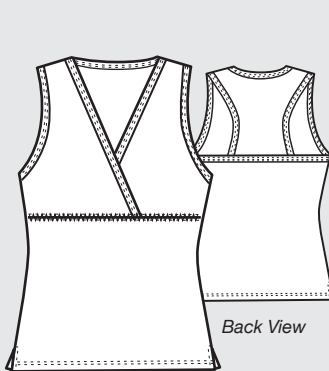
**VINYASA TANK**  
With Removable Padded Bra  
Fully Lined  
S-M-L-XL  
21183, 31183



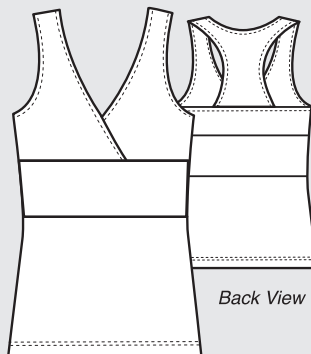
**CROSSOVER TANK**  
S-M-L-XL  
20151, 30151



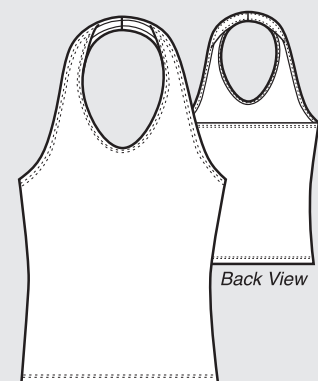
**V-NECK PRINCESS  
TANK**  
S-M-L-XL  
20168, 30168



**WRAP TANK**  
Built in bra lined w/Coolmax  
S-M-L-XL  
20208, 30208



**RACER BACK  
PADDED TANK  
FULL LENGTH**  
With Removable Padded Bra  
S-M-L-XL  
2011, 3011



**HALTER TOP TANK**  
S-M-L-XL  
265, 365

**WOMEN'S SHORT SLEEVE TOPS**



**SHORT SLEEVE  
CREW BABY TEE**  
S-M-L-XL  
235, 335



**CAP SLEEVE V**  
S-M-L-XL  
250, 350



Racer Back Padded Tank



Tank Top



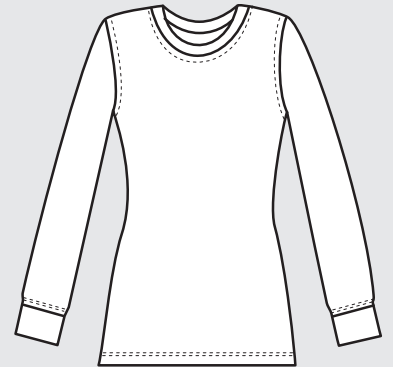
**LONG SLEEVE  
CREW NECK**  
S-M-L-XL  
282, 382



**LONG SLEEVE  
V-NECK**  
S-M-L-XL  
296, 396



**LONG SLEEVE  
V-NECK W/CUFF SLEEVE**  
S-M-L-XL  
2015, 3015



**LONG SLEEVE  
CREW NECK W/CUFF SLEEVE**  
S-M-L-XL  
2010, 3010



**FULL LENGTH LONG SLEEVE  
ZIPPER PULLOVER**  
S-M-L-XL  
20163L, 30163L



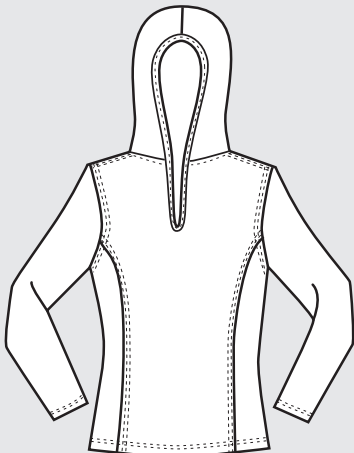
**ZIPPER JACKET  
FULL LENGTH**  
S-M-L-XL  
1X-3X  
20143L, 30143L



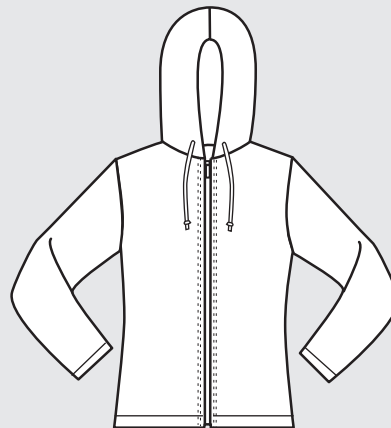
**PRINCESS SEAM  
ZIPPER JACKET**  
S-M-L-XL  
20101, 30101



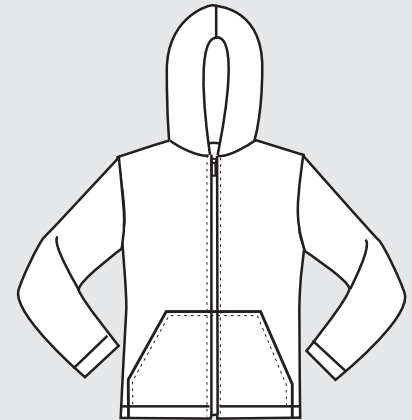
**EMPIRE JACKET  
CONTOUR FIT, FRONT SEAM POCKETS**  
S-M-L-XL  
2104, 3104



**SIMPLE HOODIE**  
S-M-L-XL  
20150, 30150



**HOODED ZIPPER JACKET**  
S-M-L-XL  
285, 385



**HOODED ZIPPER  
JACKET**  
S-M-L-XL-1X-2X  
20156, 30156

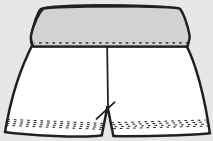


Long Sleeve Crew Neck

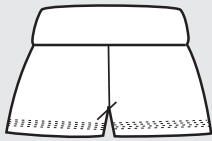


Roll Top Short

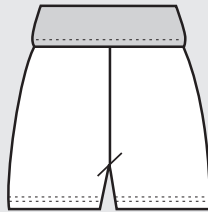
**WOMEN'S SHORTS**



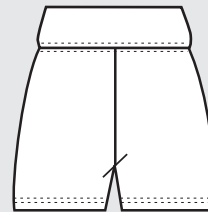
**ROLLOVER BUTT SHORT  
W/ CONTRAST WAIST**  
S-M-L-XL  
20160C, 30160C



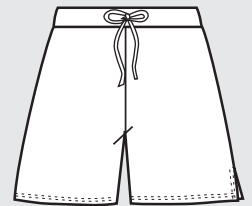
**ROLLOVER  
BUTT SHORT**  
S-M-L-XL  
20160, 30160



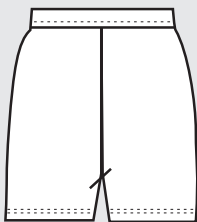
**ROLL TOP SHORT  
W/CONTRAST WAIST**  
S-M-L-XL  
20188C, 30188C



**ROLL TOP SHORT**  
5"  
S-M-L-XL  
20188, 30188



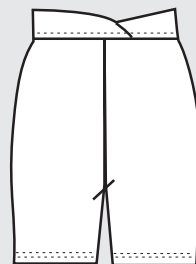
**YOGA SHORT**  
6"  
Drawstring  
Side Slits  
S-M-L-XL-1X-2X  
228, 328



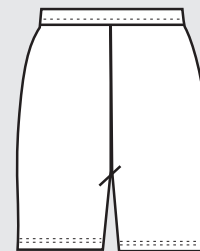
**SHORT BIKE  
TIGHTS**  
3.5"  
S- M- L  
1X-2X  
201S, 301s



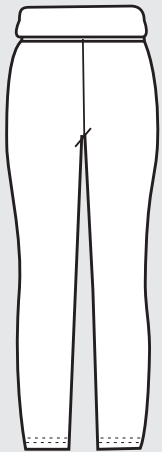
**DRAWSTRING  
SHORT BIKE  
TIGHTS**  
3.5"  
S- M- L  
203,303



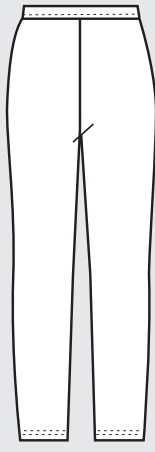
**CURVED LOW WAIST  
BIKE TIGHTS**  
5"  
S- M- L  
208V, 308V



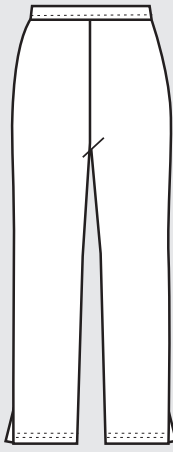
**BIKE TIGHTS**  
7"  
S- M- L-XL  
1X-6X  
201B, 301B



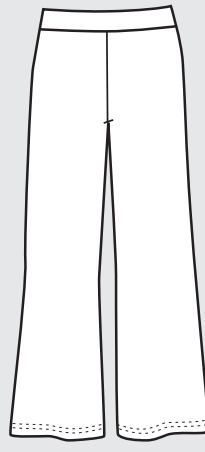
**CAPRI TIGHTS W/ CONTRAST ROLLTOP WAIST**  
S- M- L-XL  
R201, R301



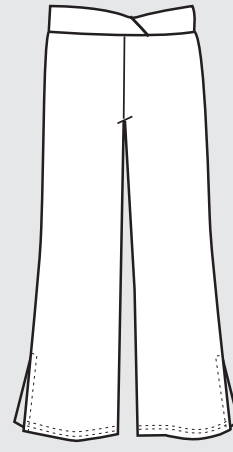
**CAPRI TIGHTS**  
15"  
S- M- L-XL  
1X-6X  
201,301



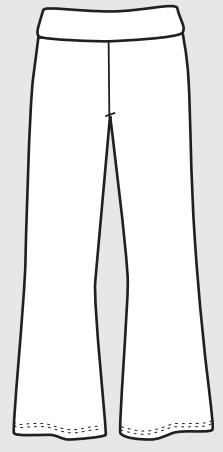
**KNEE CAPRI**  
Side slits  
12"  
S- M- L-XL  
226, 326



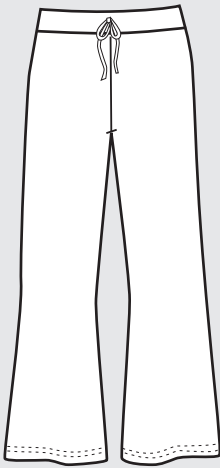
**BANDED FLOOD**  
23"  
S-M-L-XL-1X-2X  
269, 369



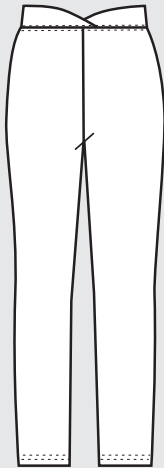
**CURVED LOW WAIST CAPRI PANT**  
18"  
S-M-L-XL-1X-2X  
295, 395



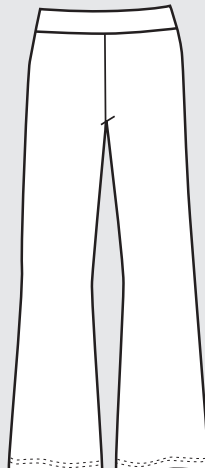
**4" ROLLTOP 6" LOW RISE FLOOD**  
23"  
S-M-L-XL-1X-2X  
20120, 30120



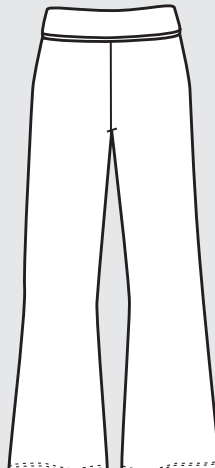
**YOGA CAPRI**  
24"  
S-M-L-XL  
1X-3X  
227,327



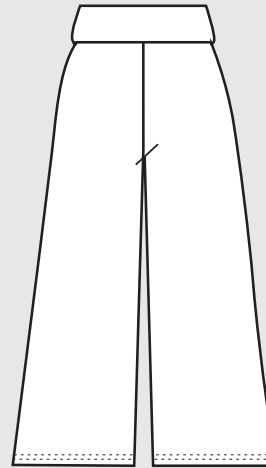
**CAPRI TIGHTS W/ V FRONT WAIST**  
S- M- L-XL  
201V,301V



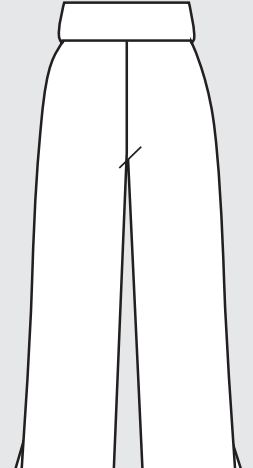
**BOOT CAPRI**  
S-M-L-XL  
284, 384



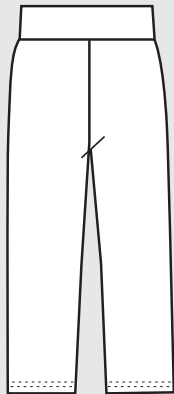
**4" ROLLTOP BOOT CAPRI W/ PIPING**  
S-M-L-XL  
20211, 30211



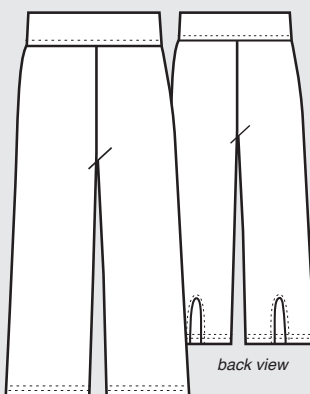
**4" ROLLOVER GAUCHO CAPRI**  
S- M- L-XL  
20189, 30189



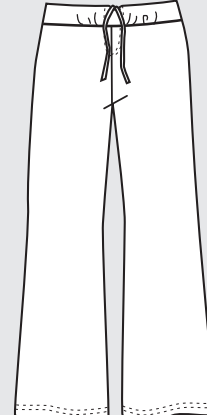
**3" ROLLOVER LOOSE YOGA CAPRI**  
24"  
S-M-L-XL-1X - 2X  
W268, W368



**WIDE WAIST CAPRI W/ STRAIGHT LEG**  
S- M- L-XL  
2112, 3112



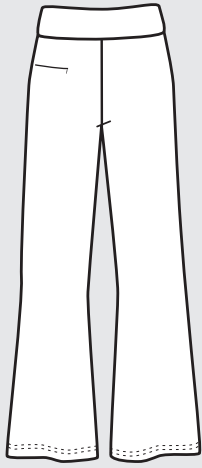
**WIDE WAIST CAPRI W/ OPEN SLIT**  
S- M- L-XL  
2168, 3168



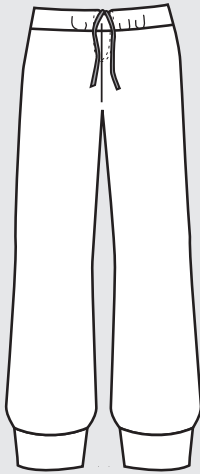
**LOW WAIST SCRUNCH FRONT CAPRI W/ DRAWSTRING**  
S- M- L-XL  
2127, 3127



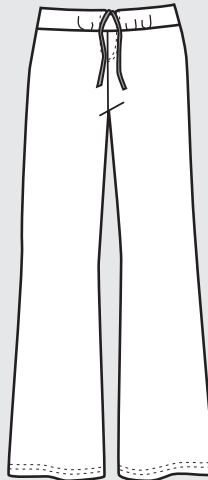
**WOMEN'S PANTS**



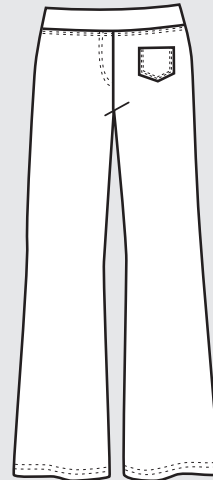
**MOMENTUM PANT**  
FRONT ZIP POCKET  
S-M-L-XL  
2046, 3046



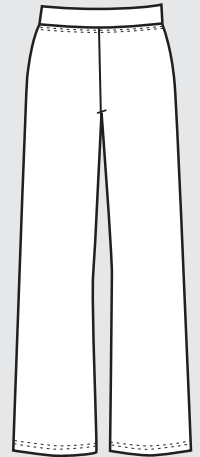
**DRAWSTRING PANT W/ CUFFS**  
S- M- L-XL  
215, 315



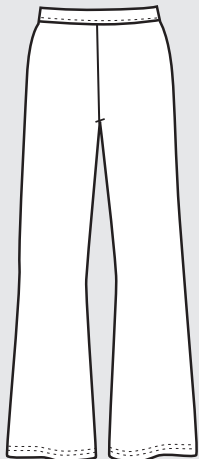
**DRAWSTRING BOOTPANT**  
S- M- L-XL  
21028, 31028



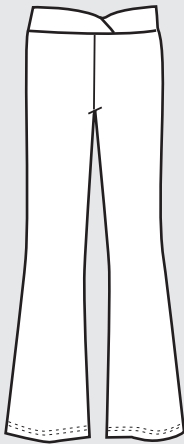
**BOOTPANT W/ FRONT POCKET**  
S- M- L-XL  
2122, 3122



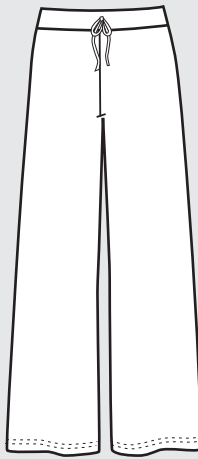
**BANDED WAIST BOOT PANT**  
32"  
S-M-L-XL-1X-2X  
262, 362



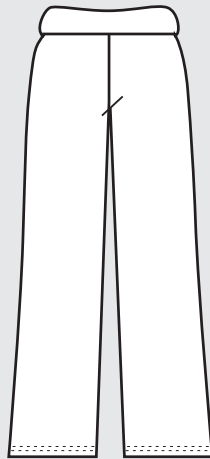
**BOOT PANT**  
30"  
S-M-L-XL  
1X-6X  
222, 322



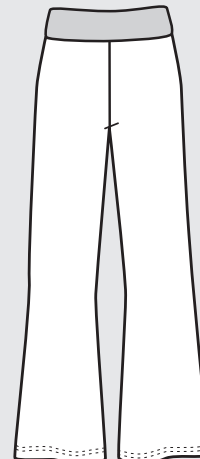
**CURVED LOW WAIST BOOT PANT**  
32"  
S-M-L-XL-1X-2X  
260, 380



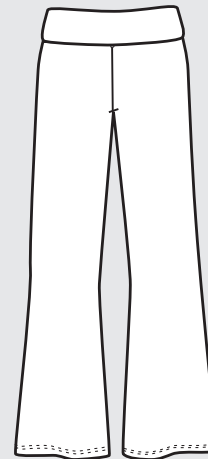
**YOGA PANT**  
30"  
S-M-L-XL  
1X-3X  
248, 348



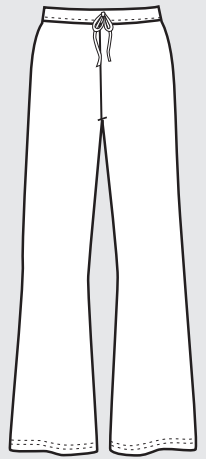
**3" ROLLOVER LOW RISE PANT**  
S- M- L-XL  
20192, 30192



**BOOT PANT W/ CONTRAST WAIST BAND**  
S-M-L-XL  
\*20121C, \*30121C



**4" ROLLTOP 6" LOW RISE BOOT PANT**  
32"  
S-M-L-XL-1X-2X  
20121, 30121



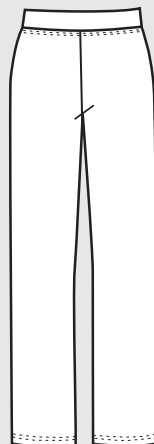
**DRAWSTRING BOOT PANT**  
30"  
S-M-L-XL  
D222, D322



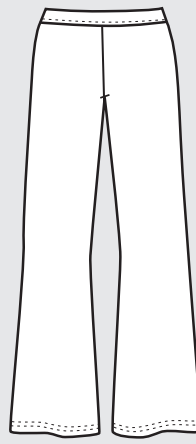
**LEGGING W/ CONTRAST ROLLTOP WAIST**  
S-M-L-XL  
\*R200, \*R300



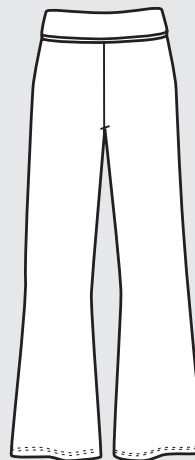
**LEGGINGS**  
24"  
S- M- L -XL  
1X-6X  
200, 300



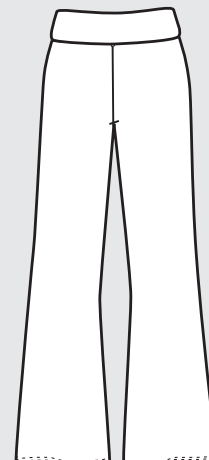
**LOOSE LEGGING**  
S- M- L-XL  
232, 332



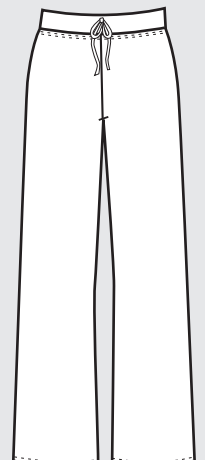
**LOW RISE BOOT PANT**  
30"  
S-M-L-XL  
247, 347



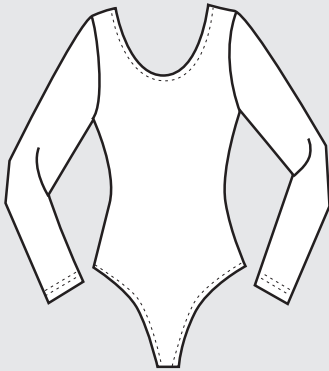
**BOOT PANT W/ COLOR PIPING**  
S-M-L-XL  
20210,30210



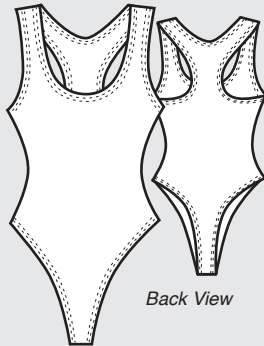
**ROLLTOP BOOT PANT**  
S-M-L-XL  
261,361



**DRAWSTRING PANT**  
S- M- L-XL  
D224, D324



**LONG SLEEVE  
LEOTARD**  
S-M-L-XL  
1X-6X  
259, 359



Back View

**TANK THONG  
BACK LEOTARD**  
S-M-L-XL  
202GR, 302GR



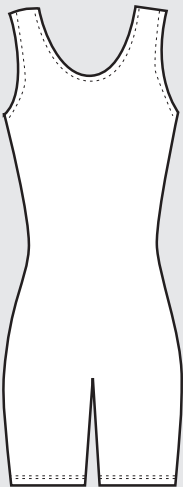
**TANK LEOTARD**  
S-M-L-XL  
202, 302



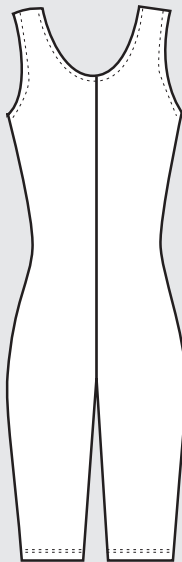
**HIGH LEG  
BRIEF**  
S-M-L  
205, 305



**HIGH LEG  
THONG BRIEF**  
S-M-L  
205G, 305G



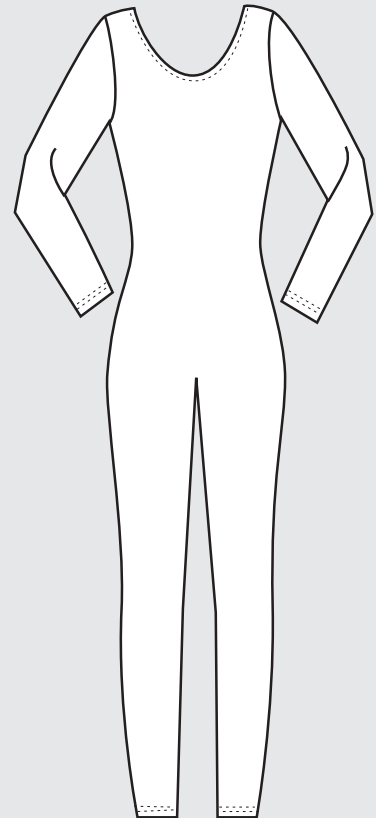
**CAPRI UNITARD**  
S-M-L  
1X-6X  
210, 310



**BIKE UNITARD**  
S-M-L  
1X-6X  
209, 309



**ANKLE UNITARD**  
S-M-L  
1X-6X  
213, 313



**CAT SUIT**  
S-M-L  
218, 318



Tank Leotard High Neckline

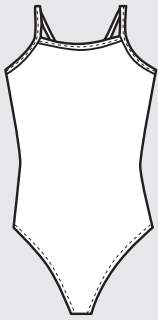


Short Sleeve Leotard

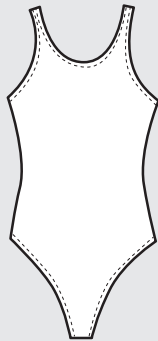


Tank Leotard High Neckline

KIDS LEOTARDS



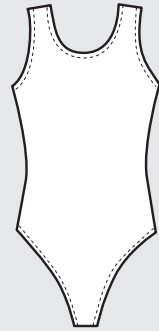
**CAMI STRAP LEOTARD**  
XS-S-M-L-XL  
K2906, K3906



**CAMI LEOTARD**  
XS-S-M-L-XL  
K260, K360



**TANK LEOTARD**  
XS-S-M-L-XL  
K202, K302



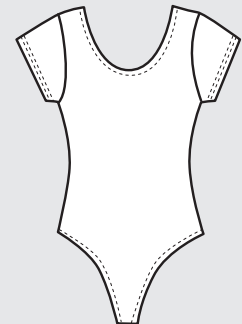
**TANK LEOTARD  
HIGHER NECKLINE**  
XS-S-M-L-XL  
K2905, K2905



**LONG SLEEVE  
LEOTARD**  
XS-S-M-L-XL  
K259, K359



**SHORT SLEEVE  
LEOTARD**  
XS-S-M-L-XL  
K259S, K359S



**CAP SLEEVE  
LEOTARD**  
XS-S-M-L-XL  
K2904, K3904



Cropped Cami



**CROPPED CAMI**  
XS-S-M-L-XL  
K256, K356



Rolover Butt Short w/ Contrast waist

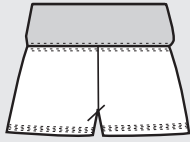


Curved Low Waist Boot Pant (pg 13)

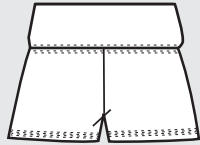


Ankle Tights

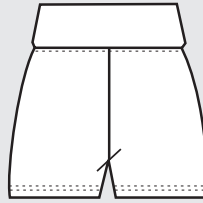
**KID'S SHORTS AND LEGGINGS**



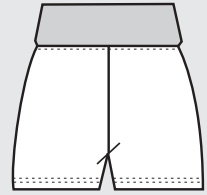
**ROLLOVER  
BUTT SHORT  
W/ CONTRAST WAIST**  
S-M-L-XL  
K20160C, K30160C



**ROLLOVER  
BUTT SHORT**  
S-M-L-XL  
K20160, K30160



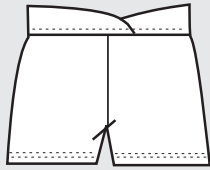
**ROLL TOP SHORT**  
S-M-L-XL  
K20188, K30188



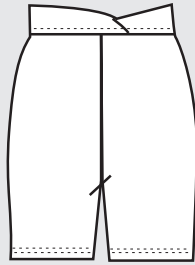
**ROLLOVER SHORT  
W/ CONTRAST WAIST**  
S-M-L-XL  
K20188C, K30188C



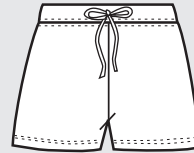
**V FRONT  
LACE SHORT**  
S-M-L-XL  
K208VC, K308VC



**V FRONT  
BUTT SHORT**  
S-M-L-XL  
K204V, K304V



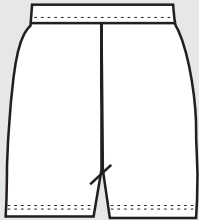
**CURVED LOW WAIST  
BIKE TIGHTS**  
S- M- L-XL  
K208V, K308V



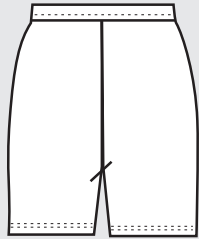
**DRAWSTRING  
BUTT SHORT**  
XS-S-M-L-XL  
K217, K317



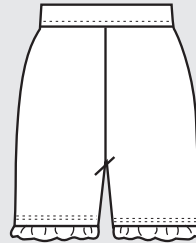
**DRAWSTRING  
LOOSE SHORT**  
XS-S-M-L-XL  
K216, K316



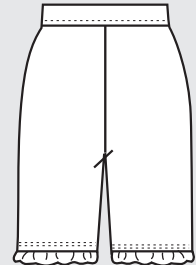
**SHORT BIKE TIGHTS**  
S- M- L  
K201S, K301S



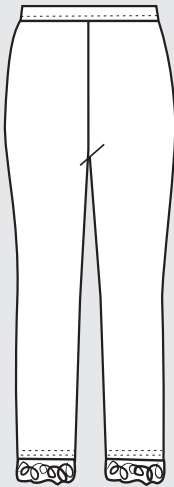
**BIKE TIGHTS**  
S- M- L-XL  
K201B, K301B



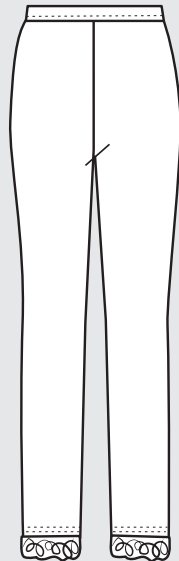
**RUFFLE BOOT SHORT**  
S-M-L-XL  
K208RS, K308RS



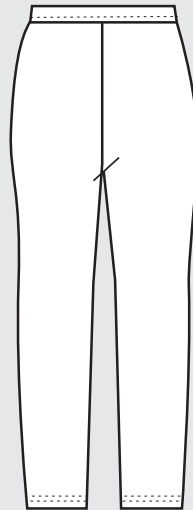
**RUFFLE  
BERMUDA SHORT**  
S-M-L-XL  
K208RB, K308RB



**CAPRI TIGHT  
W/LACE CUFF**  
S-M-L-XL  
K201C, K301C



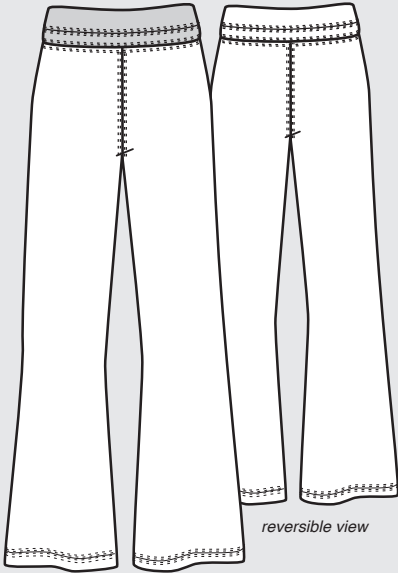
**FOOTLESS TIGHT  
W/LACE CUFF**  
S-M-L-XL  
K200C, K300C



**CAPRI TIGHTS**  
S- M- L-XL  
K201, K301

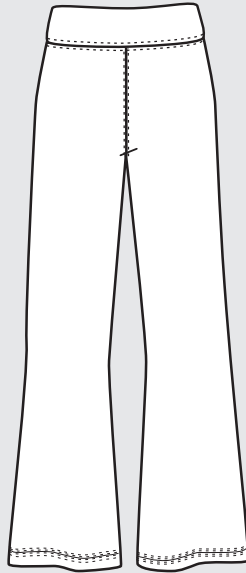


**ANKLE TIGHTS**  
XS-S-M- L-XL  
K200, K300

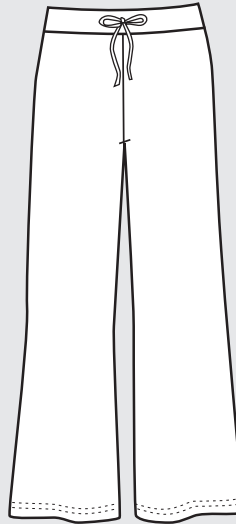


reversible view

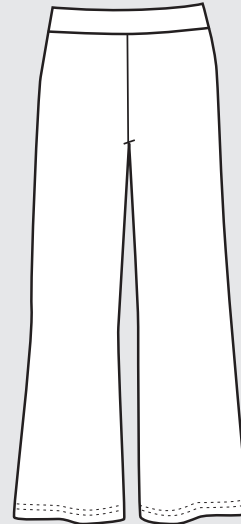
**REVERSIBLE  
BOOT PANT  
W/ FLAT LOCK SEAM**  
S-M-L-XL  
K20121R, K30121R



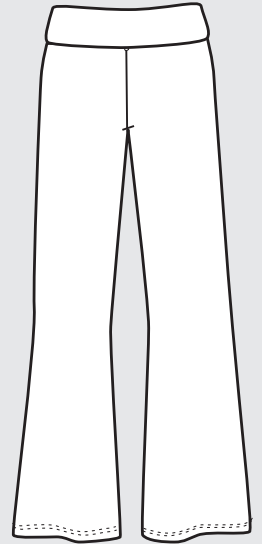
**BOOT PANT W/  
CONTRAST WAIST BAND**  
S-M-L-XL  
K20121C, K30121C



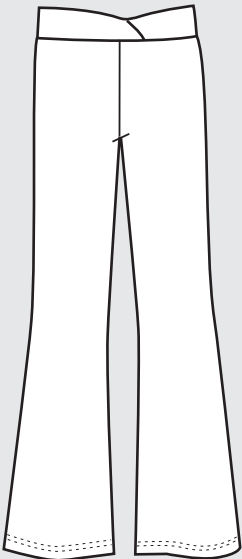
**DRAWSTRING  
FLOOD CAPRI**  
XS-S-M-L-XL  
KD269, KD369



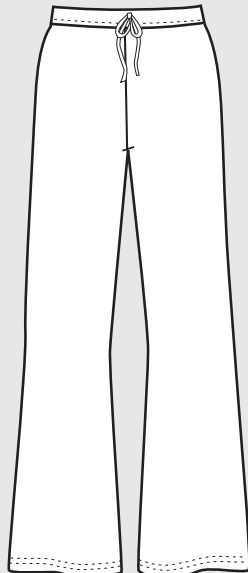
**BANDED FLOOD**  
XS-S-M-L-XL  
K269, K369



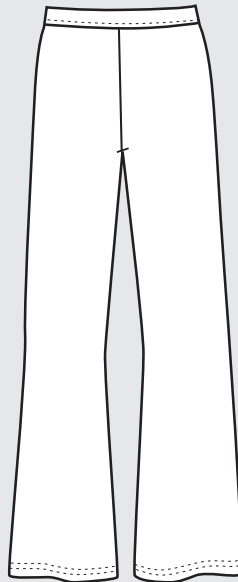
**4" ROLLTOP LOW RISE  
BOOT PANT**  
XS-S-M-L-XL  
K20121, K30121



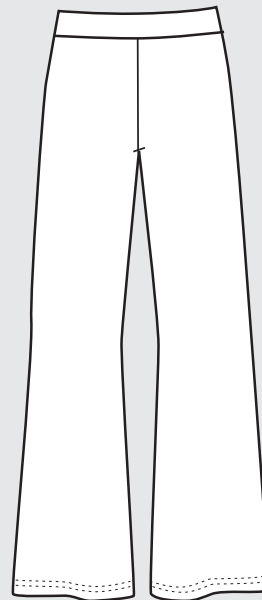
**CURVED LOW WAIST  
BOOT PANT**  
XS-S-M-L-XL  
K260V, K360V



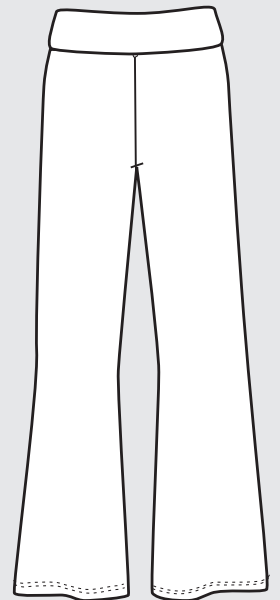
**DRAWSTRING  
BOOT PANT**  
XS-S-M-L-XL  
KD222, KD322



**BOOT PANT**  
XS-S-M-L-XL  
K222, K322



**YOGA PANT**  
S-M-L-XL  
K248, K348



**ROLLOVER  
BOOT PANT**  
XS-S-M-L-XL  
K275, K375

San Francisco California

### SUEDE SUPPLEX (200) 88% Tactel 12% Lycra



### COTTON (300) 88% Cotton 12% Lycra



KIDS SIZE CHART					
	XS	S	M	L	XL
AGE	2-4	4-5	6-7	8-10	12-14
WEIGHT	26-32	32-42	42-60	60-74	75-96
HEIGHT	39-44	39-44	45-51	52-55	56-60

PLUS SIZE CHART						
	1X	2X	3X	4X	5X	6X
CHEST/BUST	42-45	42-49	49-53	53-57	57-61	61-65
WAIST	34-37	37-41	41-46	46-51	51-54	54-57
LOW HIP	44-47	47-51	51-55	55-59	59-63	63-67

WOMEN'S SIZE CHART							
	SMALL		MEDIUM		LARGE		XL
SIZE	4	6	8	10	12	14	16
CHEST/BUST	31 1/2	34 1/2	35 1/2	36 1/2	38	39 1/2	41
WAIST	24 1/2	26 1/2	26 1/2	27 1/2	29	30 1/2	32
LOW HIP	35 1/2	37 1/2	37 1/2	38 1/2	40	41 1/2	43

CONTRAST WAISTBAND, STITCHING AND OTHER COMPONENTS AVAILABLE UPON REQUEST.  
INDICATE IN SPACE PROVIDED IN ORDER FORM ALONG WITH COLOR DESIRED.

\* **CW** (CONTRAST WAIST BAND)  
\*\***CS** (CONTRAST STITCHING)  
SPECIFY ANY OTHER LOCATION FOR CONTRAST IN ORDER FORM.  
(FOR EXAMPLE "**STRAPS**")

# ONE STEP AHEAD

FITNESS APPAREL COLLECTION

956 MISSION STREET 2/F  
SAN FRANCISCO, CA 94103  
VOICE 415.239.7200 FAX 415.222.6169  
EMAIL [INFO@ONESTEPAHEADSF.COM](mailto:INFO@ONESTEPAHEADSF.COM)

[WWW.ONESTEPAHEADSF.COM](http://WWW.ONESTEPAHEADSF.COM)

